### FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPRO	VAL
OMB Number:	3235-0287
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hours per response	. 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)  1. Name and Address of Reporting Person * Bob Matthew Regis				2. Issuer Name <b>and</b> Ticker or Trading Symbol Callon Petroleum Co [CPE]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner				
(Last) (First) (Middle) 2000 W. SAM HOUSTON PKWY. S., SUITE 2000				3. Date of Earliest Transaction (Month/Day/Year) 05/25/2022							ve title below)	Otl	er (specify belo	w)
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line)  X_Form filed by One Reporting Person  Form filed by More than One Reporting Person				
HOUSTON, TX 77042 (City) (State) (Zip)			(Zip)	Table I - Non-Derivative Securities Acqu						ired, Disposed of, or Beneficially Owned				
(Instr. 3) Da		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, any (Month/Day/Yea		Code (Instr	(	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Benefic Owned Following Reported Transaction(s)		ed	Ownership Form:	7. Nature of Indirect Beneficial	
					Со	de V		.) or D) Price	(Instr. 3 and 4)				Ownership (Instr. 4)	
Common	Stock									15,476			D	
Reminder:	Report on a s	separate line for eac	h class of securities	beneficial	iy owned	arrectry	Persor contail	ns who res	form are n	e collection ot required alid OMB co	to respon	d unless th		474 (9-02)
1. Title of	2. Conversion or Exercise Price of Derivative Security	3. Transaction	Table II -	Derivative (e.g., puts, 4. Transacti Code	5. Nu of Deriv Secur Acqu (A) o Dispo of (D (Instr	es Acq rrants mber rative rities ired r osed )	Persor contain form d	ns who reserved in this isplays a coosed of, or convertible servisable tion Date	form are n currently va Beneficially ecurities)  7. Title and	ot required alid OMB co Owned	to respon introl num	d unless th	f 10. Ownersh Form of Derivativ Security: Direct (I or Indirec	11. Nature of Indire Beneficity Ownersh (Instr. 4)
1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative	3. Transaction Date	Table II -	Derivative (e.g., puts, 4. Transacti Code	e Securiti, calls, wa 5. Nu ion of Deriv Securiti Acqu (A) o Dispo	es Acq rrants imber rative rities irred rosed )	Persor contain form d uired, Disp options, co	ns who respected in this isplays a convertible sercisable tion Date by/Year)	form are n currently va Beneficially ecurities) 7. Title and Underlying (Instr. 3 an	ot required alid OMB co Owned	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction	f 10. Ownersh Form of Derivativ Security: Direct (C or Indirects) (I)	11. Nature of Indire Beneficity Ownersh (Instr. 4)
1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative	3. Transaction Date	Table II -	Derivative (e.g., puts, 4. Transact Code (Instr. 8)	e Securiti calls, wa 5. Nu of Deriv Secur Acqu (A) o Dispo of (D (Instr and 5	es Acq rrants imber rative rities irred rosed )	Persor contain form d function d functions, contains, contains, contains for the function of t	ns who respected in this isplays a convertible sercisable tion Date by/Year)	form are n currently va Beneficially ecurities)  7. Title and Underlying (Instr. 3 an	ot required alid OMB co Owned  Amount of g Securities d 4)  Amount or Number	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction	f 10. Ownersh Form of Derivativ Security: Direct (C or Indirects) (I)	11. of I. Ben Ow (Ins

	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
Bob Matthew Regis 2000 W. SAM HOUSTON PKWY. S. SUITE 2000 HOUSTON, TX 77042	X				

## **Signatures**

/s/ Matthew R. Bob, by Leisa Munoz, as Attorney-in-Fact	05/26/2022
**Signature of Reporting Person	Date

## **Explanation of Responses:**

 $\star$  If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On May 25, 2022, the reporting person was granted 3,055 Restricted Stock Units ("RSUs"). The RSUs vest in full on the earlier of (i) the first anniversary of the grant date or (ii) the date of the Company's 2023 Annual Meeting of Shareholders.
- (2) RSUs convert into common stock on a one-for-one basis.

#### Remarks

Exhibit List: Exhibit 24 - Power of Attorney

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

#### SECTION 16 POWER OF ATTORNEY

With respect to holdings of and transactions in securities issued by Callon Petroleum Company (the "Company"), the undersigned hereby constitutes and appoints the officers and/or employees of the execute for and on behalf of the undersigned, Forms 3, 4, and 5 in accordance with Section 16 of the Securities Exchange Act of 1934, as amended, and the rules thereunder:

do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5, complete and execute any amendment

atake any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required the undersigned acknowledges that the attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the execute and the executed prior to the date hereof to execute and file on my This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's holdings of and transactions in Nutrness WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 17th day of November 2021.

/s/Matthew R. Bob Signature

Matthew R. Bob

Schedule A

Individuals Appointed as Attorney-in-Fact with Full Power of Substitution and Resubstitution

- Michol L. Ecklund Leisa C. Munoz